



Price List

HEART-MIND HOLISTIC

60-Minute Massage	\$175
90-Minute Massage	\$250
120-Minute Massage	\$325
75-Minute Sacral+Heart Hormone Balancing Treatment	\$200
Raindrop Bodywork Treatment	\$250

Shamanic Healing	\$175
Reiki Healing	\$150
Intuitive Energy Healing	\$125
Chakra Alignment	\$125
Raindrop Energy Healing	\$200

1:1 Yoga	\$125
1:1 Personal Fitness Training	\$125
1:1 Guided Breathwork	\$125
1:1 Guided Meditation	\$125
Half-Day Intensive Somatic Reset (3.25-3.75 hour)	\$675-\$750

(Travel included up to 3 miles.)

Payments via Zelle, Venmo, ACH avoid 3.5% card processing fee



**HEART-MIND
HOLISTIC**

HOLISTIC COACHING + SOMATIC MONTHLY PLANS

1 Month Holistic Life Coaching	\$1,000
2 Months Holistic Life Coaching	\$1,800
3 Months Holistic Life Coaching	\$2,550

1 Month Somatic Bodywork w/ Integration	\$1,500
2 Months Somatic Bodywork w/ Integration	\$2,800
3 Months Somatic Bodywork w/ Integration	\$4,000

1 Month Ayurveda Health Coaching	\$1,600
2 Month Ayurveda Health Coaching	\$3,050
3 Month Ayurveda Health Coaching	\$4,500

(Travel included up to 3 miles.)

Payments via Zelle, Venmo, ACH avoid 3.5% card processing fee

310-300-1340

WWW.HEARTMINDHOLISTIC.COM



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HEART-MIND HOLISTIC PRIVATE HOME & EVENT CEREMONIES

Sound Baths	\$650+ up
Breathwork + Cacao Ceremony	\$650+up
Full Moon/New Moon Ceremony	\$500+up
Sunrise & Sunset Ceremony	\$500+up
Half Day Retreat	Provided upon request
Full Day Retreat	Provided upon request
Bodywork	\$150/hr
Energy Healings	\$150/hr
Raindrop Therapy	\$175/hr *billed at 3 hr min
Yoga	\$225
Personal Fitness Training	\$225
Guided Breathwork	\$225
Guided Meditation	\$225

15% (service booking + travel added to total)

Above pricing includes up to 6 people

50% deposit payable upon booking

Deposits are non-refundable/one-time transferrable (within 24-hrs)

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